

★ TIGER TAIL™ ★

Rolling Muscle Massager

The Tiger Tail helps roll the pain away:

- Muscle Friendly!
- Cushioned, foam covered center
- Self soft tissue mobilization
- Trigger point therapy and myofascial release
- Super-stiff construction for controlled muscle manipulation--apply as much pressure you need
- Accelerate muscle recovery
- Even, consistent distribution of pressure
- Saves fingers and hands from fatigue
- Closed cell, non-porous, non-deteriorating foam
- Easy to clean (soap & water or antibacterial gel)
- Take it anywhere – portable, easy-to-pack design
- Made in USA and patent pending

Just say no

- No muscle torture
- No hard, cold plastic or wood
- No spindles, balls or beads
- No pinched skin or pulled out hair
- No offensive emitting odors
- No breaking or bending out of shape
- No breaking the bank

Use the Tiger Tail all the time!

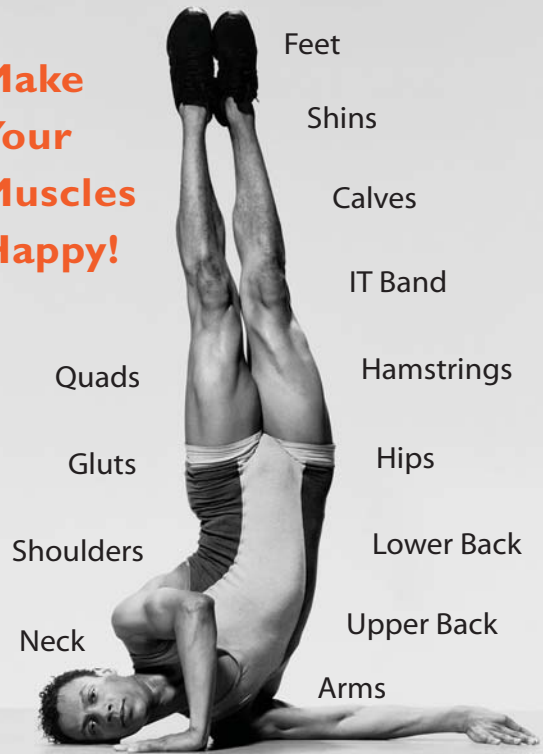
- 1) Before you workout to help warm up muscles and prepare them for exercise.
- 2) During activity to help relieve cramps and tightness.
- 3) After a workout or competition to help prevent the onset of post-workout pain and accelerate muscle recovery.

Recommended by professionals

The Tiger Tail is recommended and used by doctors, physical therapists, chiropractors, massage therapists, sports trainers, professional and elite athletes, and thousands of everyday fitness lovers.

PLEASE NOTE: Before beginning any type of massage therapy or treatment, seek the advice of a physician.

**Make
Your
Muscles
Happy!**



"I was recently introduced to the Tiger Tail Rolling Massager and was very impressed with the design, quality and performance. As a doctor of physical therapy, I am always looking for home products for my patients that are easy to use and that supplement the treatment I give in the clinic. The Tiger Tail is a perfect tool for self soft tissue mobilization. I highly recommend the Tiger Tail to my patients as an adjunct to therapy." --Dr. Jeff Hill, DPT, MA, CSCS



18" \$24.99

22" \$29.99

Made in USA
Patent Pending




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RESALE CERTIFICATE

1. Name of Seller: _____
2. Name of Buyer/Business: _____
3. Address of Buyer: _____
Street, City, State & Zip Code
4. Buyer's Tax Registration Number: _____
5. Buyer is in the business of: _____
6. Types of items purchased for resale: _____

The buyer certifies that it is purchasing the items listed on line 6 (please check appropriate box):

- For resale in the regular course of business without intervening use.*
- For use as an ingredient or component part of a new article of tangible personal property to be produced for sale,*
- as a chemical to be used in processing a new article of tangible personal property to be produced for sale, or*
- for use as feed, seed, seedlings, fertilizer, or spray materials in its capacity as a farmer.*

*The buyer acknowledges that it is solely responsible for purchasing within the categories listed on line 6. The buyer acknowledges that misuse of the resale privilege subjects the buyer to a **penalty of 50 percent of the tax due**, in addition to the tax, interest, and any other penalties imposed by law.*

Print Name: _____
Name of Person Authorized By the Buyer to Sign the Resale Certificate

Signature: _____
Signature of Authorized Agent of the Buyer

Effective Date: _____ through _____
(Not To Exceed 4 Years)

Date Signed: _____

Seller must maintain a copy. Please do not send to Department of Revenue.
Reference Rule and Statute (RCW 82.08.130 and WAC 458.20.102)

TIGER TAIL™

Rolling Muscle Massager

www.polarfusion.com

Patent Pending

Pictorial Demonstration

PLEASE NOTE: Before beginning any type of massage therapy or treatment, seek the advice of a physician, especially if you have any circulatory problems.

General Instructions:

- For best results **be sure your muscles are relaxed when using the Tiger Tail**. This allows you to massage into the belly of the muscle. To relax your leg, you must remove all weight from the leg being worked on. This means you must be seated or you must have your leg elevated and rested on a chair, step, bench, etc.
- You are always the best judge of how much pressure to apply.
- Always follow muscle paths. Roll gently over protruding bones such as the spine, shoulder blades, collar bones, shins, etc.
- It typically takes 10-20 rolls over the muscle to warm up healthy muscle tissue. This equates to working each muscle area for about 10-20 seconds. To be most effective, it works best to progressively press harder on the muscle area with each roll.
- Massage therapists refer to tender bumps or knots in the muscle as "trigger points." The presence of trigger points often indicate weak, stiff and sore muscles which can hinder athletic performance because they easily tire and often hurt.
- When the Tiger Tail passes over a "trigger point" discomfort or pain may be experienced; however, most people find this feeling to feel good—especially when the Tiger Tail assists the muscle with releasing the "cramp".
- Chronic trigger points often need additional attention. Slowly and gradually work the Tiger Tail deeper into the muscle to work out the trigger point. Using the Tiger Tail several times daily may be necessary. Over the course of time, trigger points should lessen in severity.
- The ends of each Tiger Tail handle feature "built-in" trigger point "Thumb Tools" (see photo), offering the firmness and density of the human thumb. The Tiger Tail Thumb Tool saves thumb, finger and hand fatigue! Use the end handles to work trigger points in difficult to reach or in areas where you may otherwise have difficulty applying pressure (ie. hips, hip flexors, shoulders, sciatica, back, gluts, etc.)

Pre-Workout—Use the Tiger Tail to help prepare your muscles for activity by rolling 10-20 seconds over each muscle group.

Post-Workout—Use the Tiger Tail to help muscles recover faster after activity by performing a complete and thorough body rubdown.

Calves



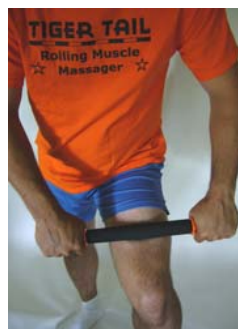
Hamstrings



Gluts



Quads



IT Band



Feet



Lower Back



Upper Back



Neck



Shoulder (solo)



Shoulder (buddy)



Thumb Tool



Forearm (front)



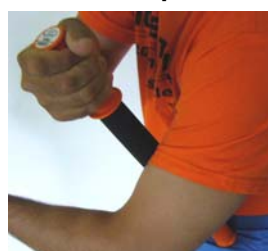
Forearm (back)



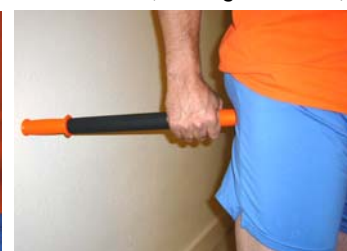
Triceps



Biceps



Sciatica (lean against wall)





Don't take our word for it. Take theirs.



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—Dr. Jeff Hill, DPT, MA, CSCS, Director - CaroMont Rehab and Sports Medicine

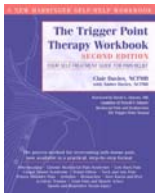


Northwest Rehabilitation Associates, Inc.

Specialist Care with a Personal Touch

"1) The Tiger tail gives your patients the opportunity to strengthen without fear of delayed onset muscle soreness (DOMS) that can hinder their function for days. 2) It gives patients an opportunity to have some

control over their pain. 3) Patients often have a hard time grading the force needed for self-treatment with trigger points. They push too hard and cause more soreness in many cases. The Tiger Tail is easier and a more effective self-treatment. 4) My patients that are recreational and competitive athletes are sold on the benefits of immediate post-workout use of the Tiger Tail...and as an amateur triathlete - so am I!" — Mike Studer, PT, MHS, NCS, President of Northwest Rehabilitation Associates



National Trigger Point Therapy guru Clair Davies, the author of the Trigger Point Therapy Workbook, recommends the Tiger Tail to help work out trigger points. He states "Trigger point massage can get rid of your pain in two or three days with three treatments per day. If trigger points are the problem, you'll get a discernible degree of immediate relief."

— Clair Davies, NCTMB

"The Tiger Tail is like a massage therapist on a stick!" — Marathon Maniac Eric B., Tacoma Marathon 2007

"That's the best 25 bucks I ever spent!" — Susan C., Seattle International Bicycle Expo 2008

As a martial artist who trains 5 days a week, this product is a true blessing. Not only does it cut down my pre-workout warm up from 30 minutes down to 10 minutes, but by rolling after a workout, the next day I'm good to go for the next training session without muscle soreness. If you just want a relaxing massage this as well many other devices work well. However if you're really serious about you're training you have to get the Tiger Tail.

— Martial Artist Steve C., San Pedro, CA.

"I can't believe something that simple can feel so good!" — Dorothy G., Bloomsday 2007

"My muscles are happy!" — Monica F., Danskin Triathlon 2007

"I've seen a lot of these types of products. This one beats them all." — John C., Los Angeles Marathon 2008

"The Tiger Tail is not torturous like The Stick." — Tony P., Eugene Marathon 2007

"I just bought this muscle massager. It works great. 5 minutes using this stick feels better than many hour long massages that I've received. I do kickboxing and am a black belt in martial arts. I know a thing or two about sore muscles. This massager hits the sore places and is easy to manipulate so that you can use it by yourself or with a partner. Definitely worth the money." — KMV, Des Moines, IA

"I think I like this better than The Stick." — at least 10 customers per marathon/expo.